



# High School Main Café Breakfast Menu

September 2019

<b>2</b> No School Labor Day	<b>3</b> Waffles Smoothie Fresh Fruit or Juice Milk	<b>4</b> Cinnamon UBR Smoothie Fresh Fruit or Juice Milk	<b>5</b> Egg and Sausage Biscuit Smoothie Fresh Fruit or Juice Milk	<b>6</b> Ham and Cheese English muffin Smoothie Fresh Fruit or Juice Milk
<b>9</b> Egg and Cheese English muffin Smoothie Fresh Fruit or Juice Milk	<b>10</b> Vanilla Glazed Donut Smoothie Fresh Fruit or Juice Milk	<b>11</b> Country Chicken Biscuit Smoothie Fresh Fruit or Juice Milk	<b>12</b> Pancake Wrap Smoothie Fresh Fruit or Juice Milk	<b>13</b> Ham and Cheese English Muffin Smoothie Fresh Fruit or Juice Milk
<b>16</b> Cinnamon Breakfast Round Smoothie Fresh Fruit or Juice Milk	<b>17</b> Sausage and Cheese Biscuit Smoothie Fresh Fruit or Juice Milk	<b>18</b> Cheese Omelet, Tater Tots and Crackers Smoothie Fresh Fruit or Juice Milk	<b>19</b> Sausage Breakfast Pizza Smoothie Fresh Fruit or Juice Milk	<b>20</b> Strawberry Cream Cheese Bagel Smoothie Fresh Fruit or Juice Milk
<b>23</b> Maple Mini Waffles Smoothie Fresh Fruit or Juice Milk	<b>24</b> Egg, Sausage, and Cheese English muffin Smoothie Fresh Fruit or Juice Milk	<b>25</b> Pancake Wrap Smoothie Fresh Fruit or Juice Milk	<b>26</b> Ham, Egg and Cheese Pancake Sandwich Smoothie Fresh Fruit or Juice Milk	<b>27</b> Cinnamon UBR Smoothie Fresh Fruit or Juice Milk
<b>30</b> Country Chicken Biscuit Smoothie Fresh Fruit or Juice Milk				

### More info...

A Healthy Breakfast is a great way to start the day!

### More info...

We also offer cold, grab and go items such as cereal, smoothies and new yogurt parfaits